



Deeside Ramblers Hockey Club Junior Section



Junior Club Rules

Deeside Ramblers Hockey Club is fully committed to safeguarding and promoting the well being of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect, be encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with the Junior Co-ordinator.

As a member of Deeside Ramblers Hockey Club you are expected to abide by the general rules and codes of conduct of the club and by the following Junior club rules.

- All members must play Hockey within the laws and in the spirit of the game.
- All members must respect colleagues, opponents and officials. Do not make derogatory comments or gestures about your colleagues or opponents. Never try to intimidate the opposition by threats or excessive triumphalism.
- Be polite to umpires and respect their decisions. **Do not show dissent.**
- Inappropriate behaviour on or off the pitch, such as throwing tantrums or Hockey sticks invites sanctions from club officials.
- Members should keep to agreed timings for practice and matches or inform their coach or team manager at the earliest possible opportunity if they cannot play or are going to be late.
- All members must wear the appropriate kit in an appropriate fashion – including shin pads and gum shields.
- All members must pay the appropriate subscription and any training or match fees promptly.

Players will need to bring the following to all Junior Matches:-

- ✓ Black club shirt with number on
- ✓ White club shirt with number on (alternative strip, in case of colour clash)
- ✓ Black skirt/skort/shorts (track suit trousers are not acceptable for matches)
- ✓ Black socks with white tops (football referee socks)
- ✓ Red socks (alternative strip)
- ✓ Astro boots/trainers with good grip
- ✓ Hockey stick
- ✓ Warm clothing that is easy to get on and off quickly
- ✓ Gum shield and shin pads – **children will not be allowed to play hockey matches without these**
- ✓ A bottle of water/drink (not fizzy) – preferably named, to be taken to the pitch. This will be brought to the players at half time.
- ✓ Match fee – this pays for after match refreshments and the pitch hire