



08/09

Deeside Ramblers Hockey Club – Junior Section Member Pack 08/09

Junior (Under 18) Registration Day

Sunday 7th September 2008, 10.30 – 12.00

Reasons to attend:

- Hand in your completed junior membership application and membership fee
- Meet Junior Coaches and Officials and ask any questions you may have about DRHC Junior Section.
- Find out about England Hockey Clubs 1st and Deeside's successful accreditation
- Order Club Kit
- Find out how parent/carers can become more involved in the Junior Section

Some of 07/08 Season's Junior Achievements

- Cheshire Boys Under 15's, George Cope, Adam Dunbavand, Josh Guy, Tom Hill, Martin Lear, Ed Peel & Jonny Verity and clinching the England Hockey's National County Championships 2008.
- Under 15 Boys Squad of Barrett, Cope, Dodd-Moore, Dunbavand, Guy brothers, Hallinan, Hill, Leaman brothers, Lear, Parkinson, Peel & Verity taking bronze position in England Hockey's Under 15's National Cup 2008 in Canterbury.
- "Tensworth Academy" (North West Under 13's), Huw Barrett, Ben Leaman, Josh Parkinson, Jonny Verity
- UK Lions Under 13 (International Invitational Touring Side) Huw Barrett, Josh Parkinson (GK) & Jonny Verity.
- Chosen for England Hockey's High Performance Assessment Centre at the National Sports Centre in Lilleshall, Huw Barrett, Harry Dodd-Moore & Ed Peel. (3 out of best 124 Under 14 Boys in England)
- Cheshire Under 15 Girls - Emily Andrews, Rebecca Lear, Lexi Garnett, Charlotte Brown, Lucy Pegg and Rebecca Holland.
- Cheshire Under 16 Girls - Rebekah Andrew, Anna Sarstedt, Katie Johnson & Alice Plews.
- North West Under 16 Girls -Charlotte Brown, Rebecca Hall, Kate Saunders, Heidi Groom & Hatty Butler.
- North West Under 18Girls - Rebekah Andrew.

How to Join:

For **Last Season's Members** you will be receiving a pre-completed Junior Membership Application Form through the mail which you need to check for errors or omissions, amend if necessary, sign and return on Registration Day.

N.B You will not be able to participate in a training session or a match until a completed Junior Membership Application Form has been submitted and a Junior Membership Fee paid.

For **New Members** a blank form is available from the Clubhouse or can be downloaded from the website

www.drhc.co.uk .

Subscriptions:

Your Child's 08/09 Season Subscription Fee is dependant on their School Year status as at 1st September 2008.
Please make cheques available to 'Deeside Ramblers Hockey Club'.

School years Reception to year 6	£25
School years 7 and 8	£35
School years 9 and 10	£45
School years 11 and over	£55

Important Information for Junior Players and their Parents/Carers

Please take time to Read and Retain for Reference

Junior Club Rules

This Hockey Club is fully committed to safeguarding and promoting the well being of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect, be encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with the Junior Co-ordinator.

As a member of Deeside Ramblers Hockey Club you are expected to abide by the general rules and codes of conduct of the club and by the following Junior club rules.

- 1. All members must play Hockey within the laws and in the spirit of the game.*
- 2. All members must respect colleagues, opponents and officials. Do not make derogatory comments or gestures about your colleagues or opponents. Never try to intimidate the opposition by threats or excessive triumphalism.*
- 3. Be polite to umpires and respect their decisions. **Do not show dissent.***
- 4. Inappropriate behaviour on or off the pitch, such as throwing tantrums or hockey sticks invites sanctions from club officials.*
- 5. Members should keep to agreed timings for practice and matches or inform their coach or team manager at the earliest possible opportunity if they cannot play or are going to be late.*
- 6. All members must wear the appropriate kit in an appropriate fashion –shin pads and gum shields are obligatory, they will not play without them.*
- 7. All members must pay the appropriate subscription and any training or match fees promptly.*

Code of Conduct for Parents /Spectators

- 1. Do not leave your child at the club until the training or match session they are due to attend has begun. You remain responsible for your child until the session begins, and immediately after it ends.*
- 2. Encourage your child to learn the rules of the game and to play within them.*
- 3. Discourage unfair play and disputes with officials/coaches.*
- 4. Support your child and help them to recognise good performance and enjoy their hockey regardless of the result.*
- 5. Set a good example by recognising fair play and by applauding the good performances of all.*
- 6. Never punish or belittle a child for losing or making mistakes.*
- 7. Respect officials and their decisions.*
- 8. Never use bad language.*
- 9. Never force your child to take part in any sport.*
- 10. Recognise that children are involved in organised sport for their enjoyment rather than yours.*

Child Welfare

Deeside Ramblers Hockey Club is proud to announce that it has been awarded England Hockey's **Clubs 1st** Accreditation the first in Cheshire. Relevant Codes of Practice and Policies that the Club has adopted as part of this accreditation process are available on the club's website www.drhc.co.uk . Details of the **Clubs 1st** Accreditation Scheme can be found at www.englishockey.co.uk .

Deeside Ramblers Hockey Club **Welfare Officer** is **John Heath**, contact number 01244 335 022.

The children's welfare is extremely important to us; therefore, there may be times when a Manager/Coach may ask a child or group of children not to participate to ensure the safety of that child or group of children and/or others. Should this occur the Welfare Officer will be informed.

Junior Training Details

We ask that children attend training that is appropriate for their age group, where their skills and abilities can be assessed. As their skills improve they may be **invited** to attend training for an older age group initially on a probationary basis, possible return to their original training group is not a reflection of their skill or ability.

For reasons of safety we kindly request that children wait until they are selected before they move up the groups.

If your child is new to a training session (i.e. new member), he/she must make themselves known to the Manager/Coach before they participate.

Training sessions, apart from teaching hockey, are used to assess your child's skill level and all-round ability, usually in preparation for a place in a team, therefore Managers/Coaches are looking for commitment, concentration and any other positive attributes your child may have and the team requires. Unnecessary disruption or delay in training sessions is rare and is not welcome and therefore your child's co-operation is essential to gain the maximum benefit from such limited time, any repeated disruption or delay may prompt exclusion action by the Manager/ Coach. The Parent and Welfare Officer will be notified of such exclusion and it will be recorded.

Age Group	Contact	Training Details
Primary U11 Boys and Girls <i>Reception to Year 6</i>	Steve Cheshire 07836 624 728	Training – Alternate Sundays 10.45 – 12.00 Commencing 14 th September 2008
U13 Girls <i>Yrs 7 & 8</i>	Nick Fearnall 07831 818 595	Training - Wednesday evening 6.00 – 7.00 Commencing 10 th September 2008
U15 Girls <i>Yrs 9 & 10</i>	Phil Brown 07808 069 341	Training - Monday 7.45 – 9.15 Commencing 8 th September 2008
U13 Boys – Beavers <i>Yrs 7 & 8</i>	John Heath 01244 335 022	Training - Monday evening 6.30 – 7.45 Commencing 1 st September 2008

****N.B. Please check the Club Notice Board/web site (drhc.co.uk) regularly for changes to the above, e.g. cancellation/rearrangement**

- **Inclement Weather:** Please phone the clubhouse on **01829 732220**, or relevant Coach to check if training has been cancelled
- **On Arrival:** Children will be asked to sign in, as proof of attendance, and pay training fees as entry to the playing surface is only permissible following this and a coach being present on the playing surface.
- **At the end of Training:** Children are asked to vacate the pitch as soon as possible after training and Parents/Guardians are asked to be in attendance to obtain information and ensure safe departure of their child (ren).

Players will need to bring the following to all junior training sessions:-

- Gum shield and shin pads – children will not be allowed to play hockey or possibly participate in training or coaching without these.
- Astro boots / trainers with good grip
- A hockey stick (the Club has a small supply of very junior sticks for beginners)
- All children must wear appropriate clothing to play hockey such as tracksuits, shorts, sports shirts etc, and must be particularly appropriate to the weather.
- You will also need to inform the Manager/Coach of any ailments and injuries that may affect your child's performance.
- Medical Conditions; please ensure that you have any medication your child requires to enable them to participate in physical activity (inhalers etc.)
- A bottle of water / drink (not fizzy) – preferably named - to be taken on to the pitch, (hydration is essential in hot or cold weather).
- Training fee which varies according level. This helps to pay for the pitch lights when used on dark winter nights.

Junior Match Details

When your child is chosen to play in a match, firstly Congratulations, it's something they will never forget and we hope that they will enjoy the experience, but please remember, as they are a representative of the Club on these occasions we ask that they act at all times in accordance with the Junior Club Rules.

The Manager/Coach will inform you of the necessary details of any match usually initially verbally at training sessions and thereafter via email sometimes, via telephone and you will have to respond as to your child's availability and any transport help you require, (we do however, encourage parental presence), therefore, it is your responsibility to check your emails regularly and communicate with the relevant Manager/Coach if you are unsure.

Players will need to bring the following to all junior matches:-

- Black club polo shirt (preferably with their allocated Club Number on)
- White club polo shirt with number on (alternative strip, in case of colour clash)
- Black skirt / skort / shorts (track suit trousers are not acceptable for matches)
- Black socks with white tops (football referee socks)
- Astroshoes are **essential** on a synthetic surface and are suitable when playing on grass also.
- A hockey stick (advice on purchasing sticks is available from your Manager/Coach)
- Warm clothing that is easy to get on and off quickly
- Gum shield and shin pads – children will not be allowed to play hockey or participate in training or coaching without these.
- You will also need to inform the Manager/Coach of any ailments and injuries that may affect your performance.
- Medical Conditions; please ensure that you have any medication you require to enable you to participate in physical activity (inhalers etc.)
- A bottle of water / drink (not fizzy) – preferably named - to be taken to the pitch, (hydration is essential in hot or cold weather).
- Match fee, (team dependent). This pays for the teas for both teams at home games and a proportion goes towards club funds for future replacement of the astro carpet.

Games/Tournaments

Under 11's - Deeside is part of a network of Clubs that take part in Under 11's mini-hockey (half pitch) tournaments on the first Sunday of most months in the season hosted by each club, these tournaments are regarded as an important stepping stone to the full game.

Under 13's (and selected Under 11's) - At the Under 13's level Boys (Beavers) most games are played as a 11a-side full pitch game on a Saturday.

New this Season-see our Club's website www.drhc.co.uk for further details

Saturday Sevens Club - turn up and PLAY An exciting way of giving any school year 6, 7 & 8 junior member boy's and girls a chance of competitive 7 a-side mixed game play. **Commences on Saturday 13th September 2008.** If you're interested just tick the appropriate box on the Junior Membership Application Form. (Max. 60)

Under 15's (and selected Under 13's) - The under 15's Boys (Badgers) all games are played as a 11 a-side full pitch game on a Saturday.

Over 15 – The Club operates a *Development Squad*, the principal aim of which is to introduce the, by then, more experienced Juniors to playing hockey with selected senior players, this format prepares players of this age for eventual absorption into one of the many Men's and Ladies Teams. Development Squad inclusion is by invitation only. The Club enters National Knockout Competitions for Girls Under 15's and Under 18's and Boys Under 16's and Under 18's.

There are many other tournaments that the Club enters including Indoor Hockey ones, please ask for details.

Hockey items can be purchased at:-

- Chester Sports (Chester City Centre - near Tesco)
- Barrington Sports, Unit 3, Wolfe Close, Parkgate Industrial Estate, Knutsford WA16 8XJ
www.barringtonsports.com
- Club polo shirts are ordered twice a year:- September and Jan/Feb – see notice board for details

Parent/ Carer as Volunteer

All Club's rely heavily on volunteers giving freely of their time, skills and experience gained in many fields not just hockey or sport in general. We at Deeside Ramblers are no exception we are all volunteers and we welcome anyone who has anything to offer, **Please** make yourself known and an undying **Thank You** in advance.

Managing/ Coaching /Support Coaching Team/Umpiring

If, in the dim and distant past you played hockey or any other field sport, we would quite like to hear about it, as we are forever keen to have past or even present players/sportspersons pass on their experience to the Juniors. Don't be afraid, your involvement can be as much or as little as you wish from the highs of England Hockey Level 2 Coach to Parent Helper at Training Sessions. We don't want to sound desperate but parents with Hockey/Sports knowledge are as essential to the future of this Club as the children are themselves and we find that the more parents that get involved the more flexible one's commitment can become.

(As in all sports, we are required as a responsible Club to request proof of competency in working with children, including CRB checks)

Squad Administration

Most Manager/Coaches would agree that the administration associated with running a squad although absolutely necessary can distract from their principal aim of putting motivated children on pitches to play a competitive game of hockey. We are obliged as a Club to pursue "good practice" in running Junior Squads, part of which as an example, is to ensure that all players on a match day, sign in, pay match fees provide contact details of absent parents in event of an emergency etc. also ensure that Managers/Coaches complete risk assessments of pitch, resources etc, First Aid Kits and follow accident report procedures. An organized support person(s) here is a-kin to having 12 players on a pitch.

Post Match Refreshments

Parents/Carers are requested to help on a rota basis to provide refreshments for home games paid for out of match fees, or donation should you wish, please make yourself known should you wish to contribute in this area, the more that participate the less onerous it becomes.

Match transport

Although we encourage parental presence for more reasons than we can go into here, occasionally help is required with transport to and from games and would be appreciated. The Manager/Coach will need to be aware of all arrangements in this area, without exception.

As an initial indicator of your possible involvement, please tick the relevant boxes below and then show and discuss this with your child's Manager/Coach.

	How?					
Hockey Ability?	Coach	Support Coaching Team	Assistant Manager or Umpire	Squad Administration	Refreshments	Transport
None or limited						
Some						
Umpire						
Hockey Coach						
(Other sports) Coach						

In essence, this Club needs you and your child!