



09/10

Deeside Ramblers Hockey Club – Junior Section Member Pack 09/10

Junior (Under 18) Registration Day

Sunday 6th September 2009, 10.30 – 12.00

Reasons to attend:

- Hand in your completed junior membership application and membership fee
- Meet Junior Coaches and Officials and ask any questions you may have about DRHC Junior Section.
- Find out about England Hockey Clubs 1st and Deeside’s successful accreditation
- Order Club Kit
- Find out how parent/carers can become more involved in the Junior Section

Welcome to Deeside Ramblers Hockey Club, a Club that can honestly claim to be one of the most successful in the North West. We ask you to read and digest this pack which hopefully together with our newly redesigned website contains all the information that you require to become, and enjoy being a member of our Junior Section and join us in the success that so many other Clubs envy.

Our aim is to make this experience as rewarding and as much fun as possible, our coaches and parent helpers are motivated and hope to make you as equally motivated to make hockey a major part of your sporting life, and given some effort and commitment, mostly I’m afraid on your part we can help you reach your goal. Deeside Ramblers is above all a family club and we enjoy the social aspects of the sport as much as the sport itself, in fact we have won awards for our hospitality and our hockey.

We look forward to your participation and thank you in advance for choosing Deeside Ramblers Hockey Club.

How to Join:

For **Last Season’s Members** you will be receiving a pre-completed Junior Membership Application Form through the mail which you need to check for errors or omissions, amend if necessary, sign and return on Registration Day.

N.B You will not be able to participate in a training session or a match until a completed Junior Membership Application Form has been submitted and a Junior Membership Fee paid.

For **New Members** a form is available from the Clubhouse or can be downloaded within this website

Subscriptions:

<p>Your Child’s 09/10 Season Subscription Fee is dependant on their State School Year status as at 1st September 2009. Please make cheques available to ‘Deeside Ramblers Hockey Club’.</p>	School years Reception to year 6	£30
	School years 7 and 8	£40
	School years 9 and 10	£50
	School years 11 and over	£60

Important Information for Junior Players and their Parents/Carers

Please take time to Read and Retain for Reference

Junior Club Rules

This Hockey Club is fully committed to safeguarding and promoting the well being of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect, be encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with the Junior Co-ordinator.

As a member of Deeside Ramblers Hockey Club you are expected to abide by the general rules and codes of conduct of the club and by the following Junior club rules.

- 1. All members must play Hockey within the laws and in the spirit of the game.*
- 2. All members must respect colleagues, opponents and officials. Do not make derogatory comments or gestures about your colleagues or opponents. Never try to intimidate the opposition by threats or excessive triumphalism.*
- 3. Be polite to umpires and respect their decisions. **Do not show dissent.***
- 4. Inappropriate behaviour on or off the pitch, such as throwing tantrums or hockey sticks invites sanctions from club officials.*
- 5. Members should keep to agreed timings for practice and matches or inform their coach or team manager at the earliest possible opportunity if they cannot play or are going to be late.*
- 6. All members must wear the appropriate kit in an appropriate fashion –shin pads and gum shields are obligatory, they will not play without them.*
- 7. All members must pay the appropriate subscription and any training or match fees promptly.*

Code of Conduct for Parents /Spectators

- 1. Do not leave your child at the club until the training or match session they are due to attend has begun. You remain responsible for your child until the session begins, and immediately after it ends.*
- 2. Encourage your child to learn the rules of the game and to play within them.*
- 3. Discourage unfair play and disputes with officials/coaches.*
- 4. Support your child and help them to recognise good performance and enjoy their hockey regardless of the result.*
- 5. Set a good example by recognising fair play and by applauding the good performances of all.*
- 6. Never punish or belittle a child for losing or making mistakes.*
- 7. Respect officials and their decisions.*
- 8. Never use bad language.*
- 9. Never force your child to take part in any sport.*
- 10. Recognise that children are involved in organised sport for their enjoyment rather than yours.*

Child Welfare

Deeside Ramblers Hockey Club is proud to announce that it has been awarded England Hockey's **Clubs 1st** Accreditation the first in Cheshire. Relevant Codes of Practice and Policies that the Club has adopted as part of this accreditation process are available on the club's website www.drhc.co.uk . Details of the **Clubs 1st** Accreditation Scheme can be found at www.englishockey.co.uk .

Deeside Ramblers Hockey Club **Welfare Officer** is **John Heath**, contact number 01244 335 022.

The children's welfare is extremely important to us; therefore, there may be times when a Manager/Coach may ask a child or group of children not to participate to ensure the safety of that child or group of children and/or others. Should this occur the Welfare Officer will be informed.

Junior Training Details

We ask that children attend training that is appropriate for their age group, where their skills and abilities can be assessed. As their skills improve they may be ***invited*** to attend training for an older age group initially on a probationary basis, possible return to their original training group is not a reflection of their skill or ability.

For reasons of safety we kindly request that children wait until they are selected before they move up the groups.

If your child is new to a training session (i.e. new member), he/she must make themselves known to the Manager/Coach before they participate.

Training sessions, apart from teaching hockey, are used to assess your child's skill level and all-round ability, usually in preparation for a place in a team, therefore Managers/Coaches are looking for commitment, concentration and any other positive attributes your child may have and the team requires. Unnecessary disruption or delay in training sessions is rare and is not welcome and therefore your child's co-operation is essential to gain the maximum benefit from such limited time, any repeated disruption or delay may prompt exclusion action by the Manager/ Coach. The Parent and Welfare Officer will be notified of such exclusion and it will be recorded.

	Team(s)	Time	Commencing	Contact
Monday	Beavers & Girls	6.30- 7.45	Commenced	Mike Verity 07702 317283
	Girls Under 13	6.30- 7.45	7 th September 09	Fiona Holland 01829 760 678
	Badgers	7.45 - 9.30	7 th September 09	James Armatage 07871 450 565
Tuesday	Under 15	6.30 -7.30	9 th September 09	Dave Wells 01244851442
	Ladies	7.30 -9.15	Commenced	Anne Allwood 07779153888 Dave Wells 01244851442
	Mens 1,2 (off pitch)			
Wednesday	Mens 3,4,5 etc		Commenced	Phil Winward 07813 173 518
Thursday	Mens 1,2		Commenced	
Sunday	Under 11 Boys & Girls	10.30 -12.00 alt. Sundays	13 th September 09	Stephen Cheshire 07836 624 728

Please note that the above may be subject to change.

Please check the Club Notice Board and this website's home page under game/training status for any last minute cancellation and rearrangement or information about your particular team or training session.

- **Inclement Weather:** Please phone the clubhouse on **01829 732220**, or relevant Coach to check if training has been cancelled
- **On Arrival:** Children will be asked to sign in, as proof of attendance, and pay training fees as entry to the playing surface is only permissible following this and a coach being present on the playing surface.
- **At the end of Training:** Children are asked to vacate the pitch as soon as possible after training and Parents/Guardians are asked to be in attendance to obtain information and ensure safe departure of their child (ren).

Players will need to bring the following to all junior training sessions:-

- Gum shield and shin pads – children will not be allowed to play hockey or possibly participate in training or coaching without these.
- Astro boots / trainers with good grip
- A hockey stick (the Club has a small supply of very junior sticks for beginners)
- All children must wear appropriate clothing to play hockey such as tracksuits, shorts, sports shirts etc, and must be particularly appropriate to the weather.
- You will also need to inform the Manager/Coach of any ailments and injuries that may affect your child's performance.
- Medical Conditions; please ensure that you have any medication your child requires to enable them to participate in physical activity (inhalers etc.)
- A bottle of water / drink (not fizzy) – preferably named - to be taken on to the pitch, (hydration is essential in hot or cold weather).
- Training fee which varies according level. This helps to pay for the pitch lights when used on dark winter nights.

Junior Match Details

When your child is chosen to play in a match, firstly Congratulations, it's something they will never forget and we hope that they will enjoy the experience, but please remember, as they are a representative of the Club on these occasions we ask that they act at all times in accordance with the Junior Club Rules.

The Manager/Coach will inform you of the necessary details of any match usually initially verbally at training sessions and thereafter via email sometimes, via telephone and you will have to respond as to your child's availability and any transport help you require, (we do however, encourage parental presence), therefore, it is your responsibility to check your emails regularly and communicate with the relevant Manager/Coach if you are unsure.

Please check the Club Notice Board and this website's home page under game/training status for any last minute cancellation and rearrangement or information about your particular team or training session.

Players will need to bring the following to all junior matches:-

- Black club polo shirt (preferably with their allocated Club Number on)
- White club polo shirt with number on (alternative strip, in case of colour clash)
- Black skirt / skort / shorts (track suit trousers are not acceptable for matches)
- Black socks with white tops (football referee socks)
- Astroshoes are **essential** on a synthetic surface and are suitable when playing on grass also.
- A hockey stick (advice on purchasing sticks is available from your Manager/Coach)
- Warm clothing that is easy to get on and off quickly
- Gum shield and shin pads – children will not be allowed to play hockey or participate in training or coaching without these.
- You will also need to inform the Manager/Coach of any ailments and injuries that may affect your performance.
- Medical Conditions; please ensure that you have any medication you require to enable you to participate in physical activity (inhalers etc.)
- A bottle of water / drink (not fizzy) – preferably named - to be taken to the pitch, (hydration is essential in hot or cold weather).
- Match fee, (team dependent). This pays for the teas for both teams at home games and a proportion goes towards club funds for future replacement of the astro carpet.

Games/Tournaments

Under 11's - Deeside is part of a network of Clubs that take part in Under 11's mini-hockey (half pitch) tournaments on the first Sunday of most months in the season hosted by each club, these tournaments are regarded as an important stepping stone to the full game.

Under 13's (and selected Under 11's) - At the Under 13's level Boys (Beavers) most games are played as a 11a-side full pitch game on a Saturday.

Under 15's (and selected Under 13's) - The under 15's Boys (Badgers) all games are played as a 11 a-side full pitch game on a Saturday.

Over 15 – The Club operates a *Development Squad*, the principal aim of which is to introduce the, by then, more experienced Juniors to playing hockey with selected senior players, this format prepares players of this age for eventual absorption into one of the many Men's and Ladies Teams. Development Squad inclusion is by invitation only.

The Club enters National Knockout Competitions for Girls Under 15's and Under 18's and Boys Under 16's and Under 18's. There are many other tournaments that the Club enters including Indoor Hockey ones, please ask for details.

Hockey items can be purchased at:-

- Chester Sports (Chester City Centre - near Tesco)
- Barrington Sports, Unit 3, Wolfe Close, Parkgate Industrial Estate, Knutsford WA16 8XJ www.barringtonsports.com
- Club polo shirts are available – see notice board or our website for details

Deeside Ramblers Hockey Club is fully supportive of England Hockey's Single System (LTAD) for junior players, and already has numerous boys and girls in all age groups and at all levels of the system, even at the National Age Group Squad level, effectively proving that Deeside Ramblers is a leading provider of quality hockey players at regional and national level through its quality training/match programme for Juniors. Please take the time to navigate the England Hockey website www.Englandhockey.co.uk and understand what may be possible with our help.

Parent/ Carer as Volunteer

All Club's rely heavily on volunteers giving freely of their time, skills and experience gained in many fields not just hockey or sport in general. We at Deeside Ramblers are no exception we are all volunteers and we welcome anyone who has anything to offer, **Please** make yourself known and an undying **Thank You** in advance.

Managing/ Coaching /Support Coaching Team/Umpiring

If, in the dim and distant past you played hockey or any other field sport, we would quite like to hear about it, as we are forever keen to have past or even present players/sportspersons pass on their experience to the Juniors. Don't be afraid, your involvement can be as much or as little as you wish from the highs of England Hockey Level 2 Coach to Parent Helper at Training Sessions. We don't want to sound desperate but parents with Hockey/Sports knowledge are as essential to the future of this Club as the children are themselves and we find that the more parents that get involved the more flexible one's commitment can become.

(As in all sports, we are required as a responsible Club to request proof of competency in working with children, including CRB checks)

Squad Administration

Most Manager/Coaches would agree that the administration associated with running a squad although absolutely necessary can distract from their principal aim of putting motivated children on pitches to play a competitive game of hockey. We are obliged as a Club to pursue "good practice" in running Junior Squads, part of which as an example, is to ensure that all players on a match day, sign in, pay match fees provide contact details of absent parents in event of an emergency etc. also ensure that Managers/Coaches complete risk assessments of pitch, resources etc, First Aid Kits and follow accident report procedures. An organized support person(s) here is a-kin to having 12 players on a pitch.

Post Match Refreshments

Parents/Carers are requested to help on a rota basis to provide refreshments for home games paid for out of match fees, or donation should you wish, please make yourself known should you wish to contribute in this area, the more that participate the less onerous it becomes.

Match transport

Although we encourage parental presence for more reasons than we can go into here, occasionally help is required with transport to and from games and would be appreciated. The Manager/Coach will need to be aware of all arrangements in this area, without exception.

As an initial indicator of your possible involvement, please tick the relevant boxes below and then show and discuss this with your child's Manager/Coach.

My name is..... and my child's name is

	How?					
Hockey Ability?	Coach	Support Coaching Team	Assistant Manager or Umpire	Squad Administration	Refreshments	Transport
None or limited	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Some	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Umpire	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hockey Coach	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(Other sports) Coach	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

In essence, this Club needs you and your child!

